### LEAGUES OFFERED
Men’s, Women’s and Co-Rec

### EVENT SITE
The Team Handball Tournament will take place at the Southwest Recreation Center on Basketball Courts 5 & 6.

### NUMBER OF PLAYERS
All teams may have up to seven players (minimum of five) to participate in each game.

### MANDATORY CAPTAIN’S MEETING
There will be a mandatory captain’s meeting for this special event. Please check the RecSports website for information on date, time, and location of the captain’s meeting.

### FORMAT
Number of interested teams will determine specific format of tournament whether pool play, double elimination or single elimination tournament style.

### GAME
Game play will consist of two 15-minute halves of continuous clock. The clock will stop on all penalty shots and balls out of play during the final two minutes of the second half. There will be a maximum 3 minute halftime.

### MERCY RULE
The game will end if a team is leading by 7 goals or more in the final five minutes of the game, or if a team is ahead by 15 goals at halftime or any point thereafter.

### OVERTIME
There will be no overtime during pool play. In the playoffs, there will be one 3-minute overtime period. The clock will stop in the last 2-minutes of overtime. If the score remains tied, then a shootout will be conducted.

### TIMEOUTS
Teams are allotted one 1-minute timeout per game

### FORFEITS
GAME TIME IS FORFEIT TIME. Minimum of five players needed to play an entire game; if 4 players are legally signed in at game time a 10-minute grace period will be given for the 5th to arrive.

### EQUIPMENT
Teams must wear the same shade of color shirt (numbers not needed). PLEASE BRING ALTERNATE WHITE JERSEYS TO EVERY GAME. Goal keepers must wear a different color shirt than BOTH teams. Athletic shoes required. No hard-billed hats or knotted bandanas.

### CHAMPIONSHIPS
Intramural Championship T-shirts will be awarded to the winning team for each bracket. A maximum of 12 shirts per team.

### RULES REVIEW
International Handball Federation rules govern all rules not covered in Intramural Sports rules.
- Handball combines the elements of soccer and basketball
- Two 15-minute halves of continuous clock (clock stops on all dead ball situations during the final two minutes of the second half) and at referee’s discretion
- Substitutions are made on the fly, provided a player exits before another player enters the court
- Following a goal, play is resumed with a throw-off
- The defense must be 3 meters away when the ball is thrown in. The player must have both feet touching the court during the throw-in
- Defensive players are allowed to use their body to obstruct an opponent either with or without the ball. Using the arms or legs to push, hold, trip or hit, however, is a violation. Offensive players are not allowed to charge into player, or a free throw is awarded from the spot of the infraction
- Offensive players are allowed “air rights,” meaning they can jump from behind the 6-meter line, shoot from above the goalkeeper area, then land in it after releasing the ball
- Only the goalkeeper is allowed in the goal area with the exception being after a shot was taken by the offensive team
- Players are allowed to:
  - Dribble the ball with no limit
  - Run with the ball for up to three steps before and after the allotted consecutive dribbles
  - Hold the ball without moving for three seconds
  - Block opposing players using the trunk of their body
- A goal may be scored in any fashion whether by throw or redirection provided it does not contact below the knee

### CO-REC RULES REVIEW
- Girl touch rule: a female player must touch the ball in the offensive half for a shot to be attempted
- Women will receive 2 points for goals. Men will receive 1 point for goals
- Mercy rule: If a team is leading by 10 goals or more in the final five minutes of the game or if a team is up by 15 at halftime or any point thereafter the game is over
1. **Register your IMLeagues Account**
   a. Go to [https://www.recспорts.ufl.edu](https://www.recспорts.ufl.edu).
   b. Under the Intramural Sports tab, click on **REGISTRATION PROCESS**.
   c. Click the link for **ONLINE REGISTRATION**.
   d. Sign on using your gatorlink username and password.
   e. At the bottom of the page, click on the Intramural Sports IMLeagues graphic.
   f. Complete the required information and click **Submit**.
   g. Click the University of Florida link at the top of the page.

2. **Signing Up A Team For An Intramural Sport**
   a. Log in to your IMLeagues account using your gatorlink username and password.
   b. Click the **Player Sign Up** button at the top right of your Use Homepage OR click on the **University of Florida** link and go to the school’s homepage on IMLeagues.
   c. Select **Team Handball** and the League you wish to play in (if registration has not opened yet, you may organize your team in the Waitlist. Once registration opens you must log in and move your team from the Waitlist to desired Division).
   d. Click **Create Team**.
   e. Teams must have the minimum number of players on their roster before adding to divisions.
   f. If registration has not opened and your team has been added to the wait list, once league registration opens you must move your team to desired Division.
      i. Log in to your imleagues.com account.
      ii. Select your Team Handball team from the “Teams” section on your homepage.
      iii. A red banner will appear at the top of the next screen prompting you to “click here” to view open spots in Divisions.
      iv. Review open Divisions and select “Move to Division”.
   g. Make sure to attend the Mandatory Captains’ Meeting.

3. **Joining An Intramural Sports Team**
   a. **Create a Team** (for team captains only)
      i. Invite members to the team
         - If team member has **already registered** on IMLeagues, search for his/her name and invite him/her, all invited members must accept the invitation to be added to your team
         - If team member is **not registered** on IMLeagues, scroll down to the “Invite by Email Address” box and input his/her email address.
   b. **Join a Team**
      i. Click the orange **Player Sign Up** button at the top of your homepage.
      ii. Select **Team Handball** and the League and Division which your desired team is registered.
      iii. A list of teams playing in that division will load, select the team you wish you join by clicking the orange **Join Team** icon.
      iv. Agree to the waiver and fill in all necessary information.
      v. A message will be sent to the captain of the team you asked to join, once the captain has given approval you will be added to the roster.

   **You may organize your team early on the Waitlist (training, quiz and adding team members). However, once registration opens you MUST move your team from the Waitlist to desired Division; otherwise your team will remain on the waitlist and not be scheduled for play.**

   **Note: IMLeagues offers a live support button on the top right corner of all pages, should you encounter any difficulties.**