

Cancellations: Saturday, November 7th
Adjusted Schedule: Veteran's Day, November 11th

Saturday, November 7th
Student Rec will be CLOSED due to the home football game
Southwest Rec will have a normal schedule

Wednesday, November 11th (Student Rec Center)			
Time	Class	Location	GFI
11:45	Kickboxing	SR2	Steph J
3:00	Total Body	SR2	Sarah T
5:30	Pilates	SR2	Megan
7:00	Step	SR2	Jackie-Jo
8:15	Hatha Yoga	SR2	Alyssa

Wednesday, November 11th (Southwest)			
12:30	Cycle 30	SW	Courtney
1:15	Core 30	SW	Courtney
5:15	Power Yoga	SW	Tiffany
8:00	Cycle 45	SW	Juliana