

### University of Florida and Department of Recreational Sports

The University of Florida is one of only 17 public land-grant universities that belong to the Association of American Universities. With an enrollment of 50,000 students, UF provides high quality instruction to prepare the future leaders of the state and nation. The Department of Recreational Sports strives to provide an extensive array of leisure and recreational opportunities. Approximately 87% of UF students participate in RecSports programs and services which include two recreation centers, two strength and conditioning facilities, an assessment center and training center, an indoor track, nine multi-purpose field areas, an outdoor recreation complex, two lakeside parks and the UF Outdoor Team Challenge Courses. Program areas include Aquatics, Athletic Training, Competitive Sports, Facility Operations, Fitness, Lake Wauburg, Marketing, Risk Management and Staff Development and Training.

### Requirements:

To be considered for an assistantship, students must meet graduate school requirements and be admitted as a degree-seeking graduate student at the University of Florida. The **minimum** requirements include: a 3.0 GPA overall, a 3.0 GPA in the last 60 hours, and a minimum 154 verbal/145 quantitative on the GRE. To maintain the assistantship, a 3.0 or better grade point average must be maintained each semester. Students also must meet minimum course registration requirements for each semester they are appointed. Students must be enrolled in nine credit hours of graduate course work during the fall and spring terms.

### Qualifications:

- A bachelor's degree in a health-related field and a personal training certification is required
- Primary Personal Training Certification such as PTA Global, NSCA-CSCS or CPT, NASM, ACE, First Aid and Adult CPR/AED certifications should be current or obtained before position commencement
- Demonstrate communication, organizational and leadership skills
- Commitment to customer relationship management and effective interpersonal communication skills (verbally and written)
- Prior supervisory experience working in a collegiate recreational sports program is highly preferred
- Experience conducting fitness assessments is required

### RecSports Team Members Responsibilities:

- Develop professional relationships with co-workers, participants and guests
- Uphold and exceed the expectations of the Cornerstones of RecSports Service: accountability, anticipating needs, attitude, and atmosphere
- Demonstrate a desire to learn and apply knowledge as a RecSports ambassador
- Take ownership of RecSports facilities and programs by exhibiting a responsible work ethic
- Promote and maintain cleanliness and appearance within and surrounding RecSports facilities

- Enforce RecSports policies and procedures to promote participant safety and satisfaction
- Respond to all emergency situations and adhere to established protocol including pre- and post- incident procedures

#### **Area Specific Job Responsibilities:**

- Manage the daily operation of the personal training program
- Recruit, train, supervise, and develop 30+ Personal Trainers
- Lead monthly staff meetings and mentoring groups for personal trainers
- Evaluate trainers on an annual basis and make recommendations for promotion
- Assist in teaching the PTA Global Personal Training Preparation Course
- Work one-on-one with Personal Training Prep students to further their development
- Supervise the program assistant for personal training
- Coordinate client assigning and oversee communication between personal trainers and new clients
- Audit all personal training session tracking
- Manage the usage and distribution of PTONet.com accounts
- Electronically distribute StudentVoice surveys to participants and compile results
- Ensure that the personal training information on the RecSports website is current
- Compile annual budgetary data and present the annual report for personal training revenue and expenses
- Collaborate with other fitness program areas on special events
- Participate in professional development and personal growth tasks as assigned by supervisor

#### **Compensation:**

Tuition waivers are granted to cover nine credits of course work during the fall and spring semesters. Student is responsible for paying his/her own fees. A \$15,000 stipend from August to May is also included along with the opportunity for summer employment. Graduate students have access to health insurance through the University. Professional development assistance is typically available.