

### Spring 2019 Sport Clubs Practice Schedule

SWRC Activity Room 2	MON	TUES	WED	THUR	FRI	SAT	SUN
Taekwondo		8:00-10:00pm		9:00pm-10:30pm			
Kickboxing	9:00-10:30pm		8:00pm-9:30pm		6:00-8:00pm		4:00-6:00pm
Judo	7:30-9:00pm		6:00pm-8:00pm	7:30pm-9:00pm	8:00pm-10:00pm		
Wrestling	6:00pm-7:30pm	6:00pm-8:00pm	7:00am-9:00am	6:00pm-7:30pm			6:00-8:00pm
SWRC Weight Room	MON	TUES	WED	THUR	FRI	SAT	SUN
Weightlifting		6:00am-8:00am	6:00am-8:00am	6:00am-8:00am			
SWRC Courts	MON	TUES	WED	THUR	FRI	SAT	SUN
Badminton			2:00-4:30pm (ct 4)	2:00-4:30pm (ct 4)			10:00am-1:00pm (cts 1-4)
Archery (Court 4)			7:30-9:30am		7:30-9:30am		
Softball Complex	MON	TUES	WED	THUR	FRI	SAT	SUN
Softball (Field 3)	6:00-8:00pm			6:00-8:00pm			
Flag Football (Field 1)	6:30pm-8:30pm						
Field Hockey (Field 1)		6:30pm-8:15pm		6:30pm-8:15pm			
Baseball (Field 1)		8:00pm-10:00pm	8:00pm-10:00pm	8:00pm-10:00pm			
UVS Courts	MON	TUES	WED	THUR	FRI	SAT	SUN
Beach Volleyball (3 courts)	7:30am-10:30am	6:00pm-9:00pm	7:30am-10:30am	6:00pm-9:00pm	7:30am-10:30am		
UVS Field	MON	TUES	WED	THUR	FRI	SAT	SUN
Men's Soccer	8:00-10:00pm						
Women's Soccer	6:00-8:00pm						
Maguire Field	MON	TUES	WED	THUR	FRI	SAT	SUN
Men's Soccer			6:00-8:00pm				
Women's Soccer			8:00-10:00pm				
Women's Ultimate		8:00pm-10:00pm		8:00pm-10:00pm			
Lake Alice Field	MON	TUES	WED	THUR	FRI	SAT	SUN
Men's Lacrosse	7:00-9:00pm		7:30pm-9:30pm	7:00-9:00pm			
Women's Lacrosse	5:00-7:00pm	7:00-9:00pm		5:00-7:00pm			
Cricket			4:00pm-6:00pm		5:00pm-7:30pm		
Roundnet			6:00pm-7:30pm				
Corry Cricket (NOT A SPORT CLUB)		5:00-7:00pm				5:00-7:00pm	
Hume Field	MON	TUES	WED	THUR	FRI	SAT	SUN
Women's Rugby	6:30-8:30pm		6:30-8:30pm				
Men's Rugby		8:00-10:00pm	8:30-10:00pm	8:00-10:00pm			
Men's Ultimate		6:00pm-8:00pm		6:00pm-8:00pm			
Flavet Field	MON	TUES	WED	THUR	FRI	SAT	SUN
Quidditch		7:00pm-9:00pm		7:00pm-9:00pm			6:00pm-8:00pm
Roundnet					6:00pm-7:30pm		
SRFC Main Floor	MON	TUES	WED	THUR	FRI	SAT	SUN
Fencing	4:00-6:00pm		4:00-6:00pm		4:00-6:00pm		
Cuong Nhu	6:00-7:30pm		6:00-7:30pm		6:00-8:00pm		
Cheerleading	7:30-9:00pm		7:30-9:00pm				7:00-9:00pm
Table Tennis	9:00-11:00pm		9:00-11:00pm		8:00pm-10:00pm		
SRFC Activity Rooms	MON	TUES	WED	THUR	FRI	SAT	SUN
Synchronized Swimming		9:00-10:30pm (Rm 2)			5:30-7:30pm (Rm 2)		
Fencing							10:00am-4:00pm (Rm 2)
Cuong Nhu	5:30-6:00pm (Rm 4)		5:30-6:00pm (Rm 4)				
Florida Gym	MON	TUES	WED	THUR	FRI	SAT	SUN
Women's Volleyball		9:00-11:00pm		7:00-9:00pm			6:00-8:00pm
Men's Volleyball		7:00-9:00pm		9:00-11:00pm			8:00-10:00pm
Florida Pool	MON	TUES	WED	THUR	FRI	SAT	SUN
Men's Water Polo	6:00-7:30pm		9:00-10:30pm				7:00-9:00pm
Women's Water Polo	9:00-10:30pm		6:00-7:30pm		7:30-9:30pm		5:00-7:00pm
TriGators					6:00-7:30pm		
Synchronized Swimming	7:30-9:00pm		7:30-9:00pm				9:00-11:45am
Underwater Hockey	7:30-9:00pm		7:30-9:00pm				**can request for 9:00-11:45am
Broward Tennis Courts	MON	TUES	WED	THUR	FRI	SAT	SUN
Tennis	6:00-8:00 pm		6:00-8:00 pm	6:00-8:00 pm			
O'Connell Center Pool	MON	TUES	WED	THUR	FRI	SAT	SUN
Swimming & Diving	7:00pm-8:30pm	7:00pm-8:30pm	7:00pm-8:30pm	7:00pm-8:30pm			
Balance 180 Gymnasium	MON	TUES	WED	THUR	FRI	SAT	SUN
Gymnastics (Beginners & Men's Team)		8:00pm-10:00pm					
Sun Country Sports (Milhopper)	MON	TUES	WED	THUR	FRI	SAT	SUN
Gymnastics (Advanced)			8:00pm-10:00pm		5:00pm-7:00pm		5:00pm-7:00pm