

Welcome and Introduction

The Department of Recreational Sports and the Sport Clubs staff welcome you to the University of Florida. We have prepared this document as a guide to assist your club as it travels to Gainesville for its event. We hope that your club will find the information useful.

The student leadership of each club is typically the main source of communication for all logistics of the event. However, our staff is also here to assist you.

In the event you need to contact our staff, here is our information:

Eric Ascher	EricA@recsports.ufl.edu	(352) 273-2427
Jon Broska	JonB@recsports.ufl.edu	(352) 273-2420
Jenna Nales	JennaN@RecSports.ufl.edu	(352) 273-2426
Keegan Ashbee	KeeganA@recsports.ufl.edu	(352) 273-2422

- Southwest Recreation Center (Rec Sports main information desk) – (352) 273-2443
- Student Recreation and Fitness Center and Florida Pool – (352) 273-2400

Facility Policies

Some of the more important policies to be aware of while visiting the Department of Recreational Sports facilities include:

- Pets (other than service animals) are not permitted at outdoor fields, pool area, or indoor facilities.
- Alcohol is not permitted on campus, which includes all Rec Sports indoor and outdoor facilities.
- Smoking or other tobacco products are not permitted in any indoor/outdoor facility, within the fenced area of outdoor facilities or within 50 ft of buildings.
- Food and drinks (other than water in a water bottle) are not permitted in any of our indoor facilities.
- Children must be supervised at all times while at any of our facilities.
- Visiting clubs/individuals are not permitted in activity areas other than the dedicated event location, with the exception of locker rooms.
- If a large group would like access to locker rooms and showers after an event, please notify our staff directly or through the host club so we are prepared for a large group.
- Violators of any of the above policies or other Department of Recreational Sports or University of Florida policies will be asked to leave.
- In the event of non-compliance, University Police will be called.
- Visiting clubs/individuals may be reported to their university administration or sport governing body for possible further review.

Entry Fee Payment

If you are participating in an event that requires a team/individual entry fee, all checks should be sent to the Recreational Sports office. Money should never be sent directly to a club representative or individual's residence. Checks should never be written to an individual. Some of our clubs may choose to set-up online payment for their event.

Our mailing address is: Checks should be written to "University of Florida"; put the sport on the bottom of check

[Name of Sport]
3150 Hull Road
Gainesville, Florida 32611

Participation Waivers

Prior to any competition/event, all participants must sign the *Visiting Team Waiver*. If you would like this form sent to your club prior to the date of the event, please contact our office and we can e-mail it to you. It can then be mailed, faxed or e-mailed back to us. You can also give waivers to our club president or our staff upon arrival.

Athletic Training Services

- We provide athletic training services for all high risk sports or sports where the governing body indicates it as a standard level of care.
- AT's arrive at the event site 30 minutes prior to the start of the event. If your club is in need of being taped prior to competition, please arrive early as there may be several requests.
- For events that do not have Athletic Trainers, but are still on campus, we typically have staff on hand to assist with injury care and emergencies. All of our clubs are required to have two of its members certified in CPR and First Aid.

Local Hospitals

- In the event you need emergency medical care while participating in an event, Shands UF is the closest emergency medical center.
- Shands UF is also the location where you will most likely be taken by EMS or referred to by an onsite Athletic Trainer or staff member.
- North Florida Regional Medical Center is located on Newberry Road across the street from the Oaks Mall just east of the Newberry Road I-75 exit 387.

Parking and Speed Limit

- Please park in dedicated parking locations ONLY. Do not park along the grass, service drives, reserved spaces or handicap spots without the proper display.
 - ***Emergency vehicles must be able to gain quick access to our facilities. Blocking service drives or entry gates can prohibit the necessary life-saving response.***
- Please be aware that the posted speed limit on all campus roads is 20 mph. It is strictly enforced!

Where to Stay and Eat

The following list is a sample of moderately priced hotels and dining options. The list was compiled with consideration for proximity to major roads and campus facilities. Businesses listed are not officially endorsed by the University of Florida or the Department of Recreational Sports; they are only meant as suggestions.

Archer Road (I-75, Exit 384)		Newberry Road (I-75, exit 387)		US 441 (13th Street)	
Motel 6	(352) 373-1604	La Quinta	(352) 332-6466	Holiday Inn University	(352) 376-1661
Super 8	(352) 378-3888	Clarion Inn	(352) 332-7500	EconoLodge	(352) 373-7816
Cabot Lodge	(352) 375-2400	EconoLodge West	(352) 332-2346	Comfort Inn University	(352) 373-6500
Hampton Inn	(352) 371-4171	Days Inn	(352) 332-3033	Americas Best Value Inn	(352) 372-1880
SpringHill Suites	(352) 376-8873			Budget Inn	(352) 371-3811
Red Roof Inn	(352) 336-3311			Residence Inn Marriott	(352) 371-2101
Comfort Inn West	(352) 264-1771			Howard Johnson	(352) 371-2500
Holiday Inn Express	(352) 376-0004			Days Inn University	(352) 376-2222
Sleep Inn	(352) 376-4145				
many fast food options		many fast food options			
Miller's Ale House, Cracker Barrel		Ruby Tuesday, Macaroni Grill, Perkins		IHOP, Steak 'n Shake, Arby's, Subway	
Texas Roadhouse, Sonny's BBQ,		Red Lobster, Boston Market		Nearest to downtown area	
Chili's, McAlister's Deli, Panera Bread		BJ's Restaurant, Bono's BBQ			
TGI Friday's, Olive Garden, Moe's		Oaks Mall food court			

Local Driving Directions

From Archer Road hotels

Head EAST on Archer Road and make a LEFT on 34th Street. If you are headed to the Southwest Recreation Center or one of our outdoor fields, make a RIGHT on Hull Road. UVS Field will be up ahead on the LEFT. The Southwest Recreation Center and SW Fields are a little further ahead on the LEFT. Refer to the map below for additional details.

From Newberry Road hotels

Travel EAST on Newberry Road towards the UF campus. If you are headed to the Southwest Recreation Center or one of our outdoor fields, veer RIGHT onto 2nd Avenue as you pass the movie theater on the right. At the major intersection at 34th Street make a RIGHT. Go about a mile to Radio Road and make a LEFT. Refer to the map below for additional details.

If you are headed to the Florida Pool or Student Recreation and Fitness Center, go straight at 34th Street and continue to either the O'Connell center parking lot or the parking lot just past the football stadium. Refer to the map below for additional details.

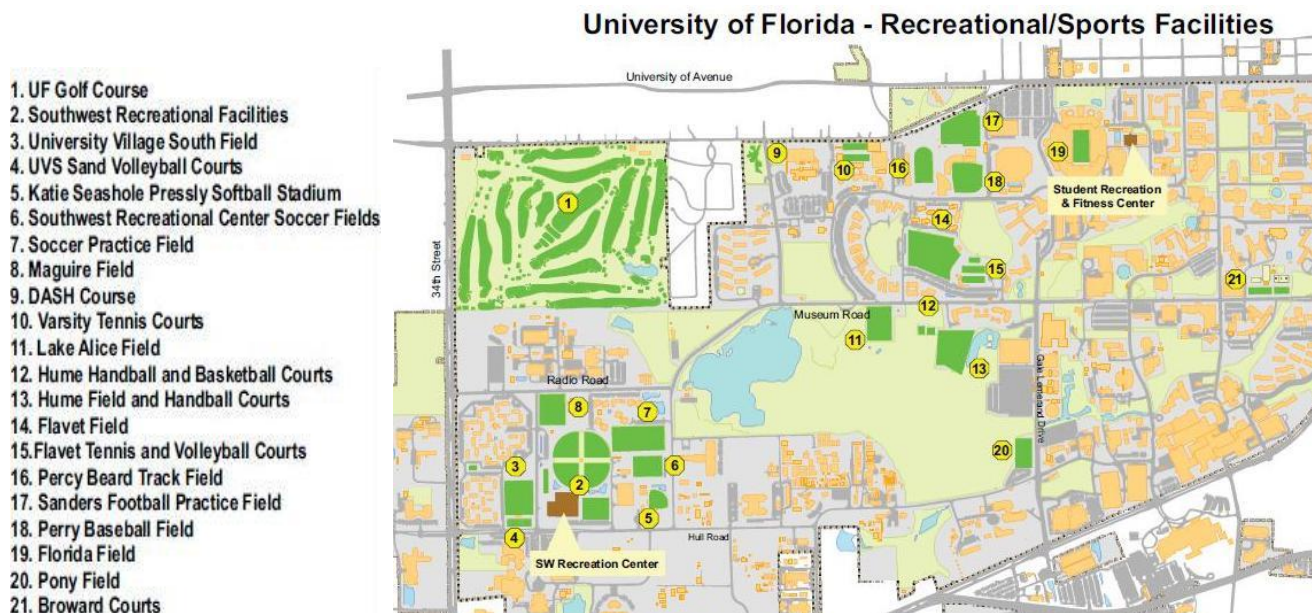
From US 441 (13th Street) hotels

From SW 13th Street, go NORTH to SW 16th Avenue and make a LEFT (at the Steak 'n Shake). Continue to Archer Road intersection where you will go straight (it's a very wide intersection). Make RIGHT at 23rd Drive (after gas station and apartment complex on RIGHT). Make a LEFT onto Mowry Road. This will become Hull Road, which passes in front of the Southwest Recreation Center, Southwest Fields and UVS Field.

Campus and Local Maps

The link <http://campusmap.ufl.edu> provides you with the ability to search for particular buildings, fields or other venues. Click on Sports and Recreation. Use the links at the TOP RIGHT to show city or campus maps.

You can also use <http://campusmap.ufl.edu/allmaps.pdf> go to map #9 Recreational/Sports Facilities which is what you'll see below.



Air Travel

Gainesville does have a regional airport which has routes to and from Charlotte and Atlanta via Delta Connection and US Airways Express. The Gainesville Airport website is <http://www.gra-gnv.com/>. Although more convenient to fly directly into Gainesville, you might find other options by flying into one of the larger airports. There are international airports in Jacksonville, Orlando and Tampa. All are within 1 ½ to 2 hours from Gainesville.

Rental Vehicles

If you are flying into the Gainesville Regional Airport, there are a several rental car companies that can assist you with local transportation. Some hotels will offer a shuttle service. Check with the local hotel.

http://www.gra-gnv.com/traveler_information/ground_transportation.php