Game play will consist of four 12-minute quarters. Procedures for stopping the clock will be followed during the final two minutes of each half. There will be a 5-minute halftime. Officials will enforce a 25-second play clock. Every team is given two pool play games and advances to the single elimination bracket in their respective division.

Mercy Rule
Games will end if a team is ahead by 19 points in Men’s, Women’s, and Open. For Co-Rec it is 25 points within the two minute warning of the 4th quarter.
| **OVERTIME** | There will be no overtime during pool play. In the playoffs, each team will receive the ball on the 10-yard line and will have four downs to score. |
| **TIMEOUTS** | Each team is entitled to two 1-minute charged time-outs per half. |
| **EQUIPMENT** | Teams must wear the same shade of color shirt (numbers are not required). All teams are required to bring alternate white jerseys to every game. Pants or shorts must be worn without belts, belt loops, pockets, holes, or exposed drawstrings. Headwear must consist of soft, yielding material without bills or knots. No metal spikes or cleats will be permitted. |
| **PLAYOFFS** | All teams will qualify for playoffs. Playoff procedures will be discussed at the captain meeting. |
| **AWARDS** | The winning team from each collegiate and Unified division will receive a championship award as well as entry into the NIRSA National Flag Football Tournament. Open Division champions will receive an Open Prize package. |
| **RULES** | Rules of play are guided by Swamp Bowl tournament rules. 2019–2020 NIRSA flag and touch rules will govern on issues not covered within published Swamp Bowl tournament rules. |
| **ATHLETIC TRAINERS** | University of Florida’s Department of Recreational Sports will provide certified Athletic Trainers who are available to evaluate injuries and provide immediate first aid. Should an injury occur, the Athletic Trainers will perform treatment to the best of their ability and refer the participants for additional medical attention if necessary. The Athletic Trainers reserve the right to hold anyone out of competition should they feel an injury is too severe. Athletic Trainers will be available to tape ankles, wrists, etc., but the participants MUST provide his/her own tape. |
LOCAL HOTEL RECOMMENDATIONS

SPRINGHILL SUITES GAINESVILLE

(352) 376-8873
4155 SW 40th Blvd.
Gainesville, FL 32608

DOUBLE TREE BY HILTON

(352) 375-2400
3726 SW 40th St.
Gainesville, FL 32607

HILTON UNIVERSITY OF FLORIDA
CONFERENCE CENTER GAINESVILLE

(352) 371-3600
1714 SW 34th St.
Gainesville, FL 32607

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