

ULTIMATE FRISBEE HANDOUT

FALL - INTRAMURAL SPORTS

LEAGUE COORDINATOR:	Trell Smith Program Assistant, Sport Programs (352) 273-2447 Josmith@ufsa.ufl.edu
REGISTRATION DATES:	Begins : August 23 rd , 2021 – 8:00am Ends : September 1 st , 2021 – 12:00pm
LEAGUES OFFERED:	Men's, Women's, Co-Rec
REGULAR SEASON:	Begins on September 1 st , 2021 All leagues will play a 3-game regular season.
FREE AGENTS:	Free Agent participants can register online through the Free Agent section on RSconnect for Ultimate Frisbee. Established teams can add Free Agents to their rosters if they need additional players for a full lineup or reserves.
GAME SITES:	All games will be played at the Southwest UVS Fields located just west from Southwest Rec Center.
GAME:	There will be one 45-minute game with continuous running time. Clock is not stopped for violations. First team to 10 points OR the team with the highest score at the end of 45 minutes wins. Games are self-officiated.
MERCY RULE:	There is no mercy rule in Ultimate Frisbee.
OVERTIME:	There will be no overtime during the regular season. Games tied at the end of regulation will result in a tie. In the playoffs, games tied at the end of regulation will go to overtime. In the playoffs first team to 3 wins the game. There will be a coin toss to start the period. No time limit, unless excessive
TIMEOUTS:	Each team is entitled to two (2) one-minute timeouts per game.
FORFEITS:	GAME TIME IS FORFEIT TIME A team forfeits when they fail to have any players legally signed in and properly attired to play at the scheduled game time. If a team has less than the minimum number of players, but at least one person legally signed in and properly attired to play, a team will be given ten minutes from scheduled game time to reach the minimum number of players needed to begin a contest. Participants will not be given warm-up time for showing up after scheduled game time. Please refer to the Participants Guide for more information.
EQUIPMENT:	Teams must wear the same shade of color shirt (numbers not needed). Exposed jewelry is prohibited. Headwear must consist of soft, yielding material without bills or knots. No metal spikes or cleats are allowed. Teams must bring their own disc. Disc must be at least 175 grams.
PLAYOFFS:	Only teams with a .500 or better record and proper sportsmanship average of 7.0 will qualify for playoffs.
PLAYOFF SCHEDULE:	The Playoff Selection Draft will be held online via RSconnect. The League Coordinator will reach out to you during the regular season with more information about how to sign-up for the Playoff Selection Draft.
CHAMPIONSHIPS:	Intramural Sports Championship T-shirts will be awarded to the winning team in each league. There will be a maximum of 14 shirts per team.



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RULES REVIEW:	 WAKA Rules govern all rules not covered in Intramural Sports rules: Teams will pitch to their own teams. The kicker will have a maximum of three pitches to put the ball into play, in which a maximum of two pitches may be fouled off. If a kicking team's ball comes to rest without being contacted by the fielding team and does not completely cross the semicircle line that will be placed approximately 10 feet from home plate, the kicker will be called out and all runners will return to their original bases. Only players in the kicking lineup are eligible to play in the field. Fielding teams must field a catcher. The fielding team pitcher must remain behind the pitching mound until the ball is kicked. One player may roam anywhere within the infield. However, the one "roamer" may not cross the semicircle line until the ball has been kicked. Once kicked, fielders may enter the semicircle. All other fielders must remain behind each base line until the ball is kicked.
CO-REC RULES REVIEW:	 Teams are only allowed to play with any combination of males and females provided they meet the minimum number of 2 players for each gender and they do not exceeded the maximum number of 5 players for one gender. Points awarded are the same, regardless of the gender scoring. Men and women must kick in an alternating gender line-up. The men's kicking order and the women's kicking order will be independent of the other while maintaining the alternating gender line-up
REGISTRATION PROCESS:	Registration opens Monday, August 23 rd , 2021 at 8:00 am and will remain open until Wednesday, September 1 st , 2021 at 12:00 pm. Intramural sports is currently utilizing a new registration software called Fusion IM. Please visit RSconnect and log in with your Gatorlink username and password to access registration and sport offerings. <u>Click here</u> for all Fusion IM how-to guides, questions, and FAQs. You may organize your team early on the Waitlist (training, quiz and adding team members). However, once registration opens on Monday, August 23 rd , 2021 at 8:00am you MUST move your team from the Waitlist to desired Division, otherwise your team will remain on the waitlist and not be scheduled for play.
PLAYING WITH MULTIPLE TEAMS:	 <u>Regular Season:</u> Participants may play on as many teams as they wish during the regular season. If a participant wishes to play during the playoffs, they must sign up on the roster of their "Home Team" first. Once a participant is on the roster of their home team, they may participate on other teams in that league by checking in with the Supervisor on site and completing the "Rover Rule Form" (also known as the Joining Additional Teams Form). <u>Playoffs:</u> The first team the participant plays for in a league at any point during the sport is considered their "Home Team," and their eligibility will only be permitted on those teams for playoffs. This means that a participant will only play on one co-rec team in the playoffs. If a participant's "Home Team" is not participating in playoffs, the participant may not join another team in that league.