

Updated 5/5/2023

SUMMER 2023 PRACTICE SCHEDULE

SRFC Main Floor	MON	TUES	WED	THUR	FRI	SAT	SUN
Fencing	4:00pm-6:00pm		4:00pm-6:00pm		4:00pm-6:00pm		2:00pm-4:00pm
Cuong Nhu	6:00pm-7:30pm		6:00pm-7:30pm		6:00pm-7:30pm		12:00pm-2:00pm
SWRC Courts 5-6	MON	TUES	WED	THUR	FRI	SAT	SUN
Volleyball (M)							4:00pm-6:00pm (Ct. 6)
Volleyball (W)				6:00pm-8:00pm (Ct. 5)			
SWRC Activity Room 2	MON	TUES	WED	THUR	FRI	SAT	SUN
Kickboxing			6:00pm-8:00pm		6:00pm-8:00pm		4:00pm-6:00pm
Judo	6:00pm-8:00pm	6:00pm-8:00pm		6:00pm-8:00pm			
Tae Kwon Do		8:00pm-10:00pm		8:00pm-10:00pm			
Wrestling							6:00pm-8:00pm
SW Tennis Courts	MON	TUES	WED	THUR	FRI	SAT	SUN
Tennis				6:00pm-8:00pm			
Florida Pool	MON	TUES	WED	THUR	FRI	SAT	SUN
Men's Water Polo	6:15pm-7:45pm		6:15pm-7:45pm				
Women's Water Polo	6:15pm-7:45pm		6:15pm-7:45pm				
Synchronized Swimming	7:45pm-9:15pm						
Underwater Hockey	7:45pm-9:15pm						
TriGators			7:45pm-9:15pm				