

RecSports Team Member Responsibilities

- Develop professional relationships with co-workers, participants, and guests
- Uphold and exceed the expectations of the Cornerstones of RecSports Service: accountability, anticipating needs, attitude, and atmosphere
- Demonstrate a desire to learn and apply knowledge as a RecSports ambassador
- Take ownership of RecSports facilities and programs by exhibiting a responsible work ethic
- Promote and maintain cleanliness and appearance within and surrounding RecSports facilities
- Enforce RecSports policies and procedures to promote participant safety and satisfaction
- Respond to all emergency situations and adhere to established protocol including pre- and post- incident procedures
- All RecSports employees are expected to abide by the RecSports Student Staff Code of Conduct that clarifies shared expectations and standards in effort to best serve our patrons, develop each team member, and prepare student employees for future career endeavors.

Small Group Training Coach Overview

The Small Group Training program currently hosts workshops (1.5 hours) and 3-week sessions (1 hour classes, 2x/week) that focus on specialty formats and skills e.g. Flying Yoga, Intro to Strength Training, Inversion Yoga, Learn to Shuffle, Olympic Weightlifting. In each of these offerings, participants learn the specifics for form and execution of the specified modality.

We are expanding the Small Group Training program by diversifying the types of offerings as well as the length and frequency of each offering.

We seek candidates with prior teaching, coaching, or master-level experience to teach a new style of Small Group Training in any kind of recreation, athletic, fitness, or wellness related endeavor. Examples include, but are not limited to: Pickleball, Soccer, Volleyball, Martial Arts, Dance, Functional Training, Sports conditioning, Jump Roping tricks, etc. You should be willing and able to adapt lessons to diverse fitness levels.

Certifications are welcomed but are not mandatory.

Hourly Pay

\$17-\$21 per hour

Unit Specific Job Responsibilities

- Program design.
- Arrive at work 15 minutes prior to your session, prepared and ready to train.
- Stay 15 minutes after session to ensure that all equipment is returned to its respective area.
- Ensure that your training sessions are safe and effective for your clients.
- Know your scope of practice and act accordingly.
- Keep client information private.
- Track training sessions.
- Attend all mandatory monthly meetings and continuing education sessions.
- Act and dress professionally and responsibly.
- Participate in end of semester evaluations conducted by supervisor.
- Know and enforce all Recreational Sports policies and procedures.
- Act as a first responder in emergency situations.
- Communicate any problems and/or concerns to your supervisor as soon as possible.